Register your
workplace at
**healthyworkplaces.
sa.gov.au/service**

Get support
from our Healthy
Workplaces
Advisors

Create a
healthy, safe
and thriving
workplace

**A *free* service for
all South Australian
workplaces.**

Collaborative partnership

**South Australia – the state
of healthy, safe and thriving
workplaces.**

The *Collaborative Partnership for
Workplace Health and Wellbeing in South
Australia* is an alliance of government,
industry, statutory insurers, academics and
unions which aims to drive a coordinated
response to improve workplace health
and wellbeing across the state. It brings
together different sectors to create a
more cohesive support system for South
Australian business and organisations.

Collaborative Partnership for Health and Wellbeing in South Australia

Government of South Australia

Business SA
Chamber of Commerce
and Industry South Australia

SA UNIONS

SISA
Self Insurers of South Australia

University of
South Australia | Centre for
Workplace
Excellence

*Government and statutory authorities include
Wellbeing SA, Department for Industry, Innovation
and Science, ReturnToWorkSA, SafeWork SA and
Office of the Commissioner for Public Sector Employment.*

**For more information and
support for your workplaces, visit
healthyworkplaces.sa.gov.au/service**

Healthy
Workplaces
Service

**Supporting SA
workplaces to thrive**

**A *free* service to help navigate your
workplace health and wellbeing journey**

healthyworkplaces.sa.gov.au/service

Supporting South Australian workplaces to thrive

A healthy workplace leads to greater productivity, fewer work-related injuries and illnesses, and improved worker health and wellbeing outcomes.

A well-designed, safe and meaningful work is important to the physical and mental health and wellbeing of all South Australians including workers, their families and communities.

A healthy workplace benefits both businesses and workers

Costs of an unhealthy workplace

- 4 times more likely to lose talented workers
- 7 times more costly workers compensation claims
- 9 times more sick days taken per year
- $5 billion costs of work-related injury and illness in South Australia per year

Benefits of a healthy workplace

- 3 times more productive
- 50% less injuries
- 5 times more engaged workforce
- $3–$6 return on investment for every $1 spent on health

About the Healthy Workplaces Service

The Healthy Workplaces Service provides *free* information and support to all South Australian businesses and organisations to build healthy, safe and thriving workplaces through:

- Helping to create health and wellbeing programs
- Addressing specific health and wellbeing issues within a workplace
- Linking into resources and support to promote health, wellbeing, and safety.

The service is a joint initiative of Wellbeing SA, Department for Industry, Innovation and Science, ReturnToWorkSA, SafeWork SA and Office of the Commissioner for Public Sector Employment.

To find out more about the service, visit healthyworkplaces.sa.gov.au/service or contact us:

Email: hws@sa.gov.au
Phone: 08 8413 8299

The service is available Monday to Friday (except public holidays) from 8.30am – 4.30pm.

Our Healthy Workplace Advisors

- are specialist professionals from health promotion, workplace health and safety, and business services
- can help you create a health and wellbeing program that improves the physical and mental health of your employees.

Steps to creating a healthy workplace

STEP 1: Get workplace leaders to commit

Create a solid foundation for your health and wellbeing strategy by getting your leaders on board.

STEP 2: Learn about your workplace

Complete a workplace needs assessment to give your health and wellbeing strategy its direction, scope, and priorities.

STEP 3: Involve your team

Involve your employees in the process so you can work together to create meaningful and sustainable change.

STEP 4: Plan for action

Decide your priority areas and develop a plan with some key actions for the coming year to give you clear steps forward.

STEP 5: Monitor and evaluate

Think about how you can measure success, check your progress, and review your plan to make sure you're on track.

STEP 6: Celebrate your achievements and review

Look at how far you've come and celebrate these achievements whilst recommitting to strengthening your workplace health and wellbeing strategies.

To learn more about starting your workplace health and wellbeing journey, please visit healthyworkplaces.sa.gov.au