Resilence at Workplace Conference HILTON ADELAIDE HOTEL - JULY 5, 2012

STRESS: The Good, The Bad & The Ugly



2012 Resilience at Work A wellness in the workplace conference

Conference Partners



Gary Collis

Gary Collis has for many years been outspoken advocate when addressing the Welfare of employees. Gary has put together a very highly experienced team that provides services to organisations including training Management and Staff "in the areas of" Workplace Wellbeing and Workplace Bullying. Outside

Australia Gary has provided his services and advice to organisations in South Africa, Ireland, UK and America. With over 30 years experience in the field of workplace relations and workplace wellbeing, Gary is well equipped to provide advice and direction to organisations when addressing employees wellbeing.



Chris Hamilton

Leading Industrial Psychologist, a commentator both in the written and electronic media. Chris Hamilton has practiced as a consulting psychologist based in Australia with his work taking him to the U.K., North and South America, South Asia and parts of Southern Africa and the Middle East. His specialties include:

Trauma Counselling; Life & Management Coaching; Psychological Profiling and Assessment; Team and Organisation Development; Facilitation of Strategic Planning. Chris has worked with many organisations around Australia in addressing a best fit when recruiting or building

Conference Sponsors











Introduction to the 2012 Resilience at Work conference from the Principle Event Partner; Gary Collis

Following the successful 2011 Resilience at Work conference, Gary Collis and Associates are pleased to announce the 2012

Resilience at Work conference "Stress: The Good, The Bad and The Ugly'.

Without stress many great achievements in our personal, sporting and workplace lives would never have happened and sadly the word stress is seen as toxic, negative inhibitor to having a positive and productive day at work.

The 2012 conference will help define stress into the Good, Bad and the Ugly. The conference will again provide the tools to welcome the good stress, challenge the bad stress and defeat the ugly stress.

Speakers such as Lynn Arnold and Amanda Blair will share their experiences in succeeding with the good , overcoming the bad and defeating the ugly.

Participants will leave with a greater understanding of the difference between what may be just a crap day as apposed to the ugly day to then be able to laugh at the crap day and banish the ugly.

2012 Resilience at Work 'Stress: The Good, The Bad and The Ugly' is a conference that will change how you think and react to challenging times at work. It is a conference for all OHS/W reps and managers, HR managers, CEOs, Rehab providers, indeed all employees in workplaces.

Gary Collis & Associates

Workplace Consultants Gary Collis - Managing Director www.garycollis.com.au M: 0448 488 778 E: gcollis_assoc@bigpond.com PO Box 756 North Adelaide SA 5006 ABN 62 120 815 572



Conference Speakers



Keynote Speaker: Dr Lynn Arnold AO

Dr Lynn Arnold AO commenced in the role of Chief Executive of Anglicare SA on March 10, 2008, after eleven years with World Vision International where he held roles such as Senior Director

(Board Development and Peer Review), Regional Vice President for Asia and Pacific and Chief Executive Officer (CEO) for World Vision Australia.

As Anglicare's Chief Executive, Lynn is responsible for overseeing South Australia's largest non-government agency promoting 'justice, respect and fullness of life for all.' Anglicare SA has over 1300 staff and 1000 volunteers with an annual budget of approximately \$80million.



Speaker: Amanda Blair

Amanda Blair isn't just one of these people who was born into her job. Although her aunt did own a radio station, it was a hard 6month slog to the top. Many people do not know that Amanda

once had a small house of brokerage. Many days no business came to her door. Amanda had fear? A thousand times no! She never doubted herself for a minute, for she knew that her day would come.



Speaker: Dave Flanagan

Dave cleverly uses his amazing knowledge of comedy as an educational tool to successfully coach and motivate people to regain, build and maintain confidence in the work place and in

their daily lives. As a motivational speaker, Dave is in constant demand throughout Australia and overseas.



Conference Workshop Speakers and Emcee



Jacky Dakin

Jacky Dakin has worked as an Organisational Psychologist for over 20 years. She has run Halifax House Consulting since 1995 and provides services in both organisational and private psychology. In

the corporate arena she works in areas including leadership development, conflict mediation, creating work/life balance and with dysfunctional teams. Jacky is active on a number of boards and committees, frequently mentors younger colleagues and was a former finalist in the Telstra Business Woman of the Year. Jacky will be conducting workshops that implement a modern approach to stress management in today's workplace environment.



Christopher Hamilton

Leading Industrial Psychologist, a commentator both in the written and electronic media. Christopher Hamilton has practiced as a consulting psychologist based in Australia with his work taking him

to the U.K., North and South America, South Asia and parts of Southern Africa and the Middle East. His specialties include: Trauma Counselling; Life & Management Coaching; Psychological Profiling and Assessment; Team and Organisation Development; Facilitation of Strategic Planning. Chris has worked with many organisations around Australia in addressing a best fit when recruiting or building teams, providing tools for employees in dealing with Difficult People



Emcee: Ali Rodda

Since joining Radio 5AA Adelaide 12 years ago Ali has produced and presented an eclectic mix of programs, building a large and loyal audience following. And Ali can be heard regularly on

Saturday nights during the summer months when she hosts her own program which includes an engaging blend of current affairs, human interest stories, health, well being and lifestyle issues with a strong arts, music and entertainment focus.



Program Schedule

START	END	SEGMENT	SPEAKER
Thursday Ju	uly 5, 2012		
8.00am	9.15am	Conference Registrations	5
9.15am	9.30am	Opening Ceromonies	Ali Rodda
9.30am	11.00am	Keynote Address	Dr Lynn Arnold AO
11.00am	11.20am	Morning Tea Break	
11.20am	12.20pm	Speaker	Amanda Blair
12.20pm	1.30pm	Lunch	
1.30pm	2.30pm	Workshop Session 1	Chris Hamilton/Jacky Dakin
2.30pm	2.50pm	Light Afternnon Tea	
2.50pm	3.50pm	Workshop Session 2	Chris Hamilton/Jacky Dakin
3.50pm	4.30pm	Speaker	Dave Flanagan
4.30pm	4.50pm	Q&A Panel Discussion	
4.50pm	5.00pm	Day Program Close	Ali Rodda
4.30pm	7.00pm	Happy Hour & Networking	

Delegates attending the 2012 Resilience at Work conference are registered for all the Speaker and Workshop sessions



2012 Resilience at Work Conference STRESS: The Good, The Bad & The Ugly



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Registration Form: Delegate Details

Contact name:					
Job title:					
Organisation:					
Address:					
		State:	Postcode:		
Telephone:		Fax:			
Mobile:	_Email*				
*all conference correspondence will be forwarded to this address					
Special requirements (eg dietary, wheelchair access):					

Registration details

Registration fee per person – \$440.00 Includes attendance to all conference sessions, morning and afternoon tea, lunch, the conference workshops, a name badge, satchel, all conference materials, and the conference happy hour. All fees are listed in Australian Dollars and include GST. Registration closes Friday the 29th of June 2012.

Happy Hour To assist with catering, please indicate your attendance to the conference social happy hour. Failure to do so will be noted as non-attendance.



Yes, I will attend the Happy Hour (included in full registration fee)

Gary Collis & Associates uses commercial electronic messages (ie email updates, newsletters etc) to keep delegates informed on both current and future events. You will automatically be kept informed of conferences and accommodation specials.

No, I would not like to be kept informed of conferences and accommodation specials.

In registering for this conference relevant details will be incorporated into a delegate list. Delegate lists will be published to sponsors and exhibitors and within the conference satchel.



Please do not include my name and details on the delegate list.

Please forward this form together with payment to: Resilience at Work Conference C/– Gary Collis and Associates PO Box 756 North Adelaide SA 5006 or **Fax 08 8352 6162**



Payment

I have read and agree to the terms and conditions of this registration and the cancellation policy as outlined at the end of this brochure. If this box is not ticked, your registration will not be processed.

Registration total \$_____

Please arrange payment for the above total with one of the following methods: Cheque – enclosed payable to "Gary Collis and Associates"

Electronic funds transfer

Account name: Gary Collis and Associates BSB 105 118 Account: 049 105 940. Bank SA, Hillcrest South Australia. Statement reference: Delegate surname and first initial.

Credit Card

Accounts paid by credit card will incur a processing fee of 2.5% for Visa and MasterCard, 3.5% for AMEX and 4.5% for Diners Card. All amounts are in Australian dollars unless otherwise indicated and are GST inclusive.

Please debit my Credit Card for the above total:

MasterCard	Visa	Diners

Card holder's name as it appears on the card

Card number		
CCV number	Expiry date/	

Signature _____

Please note that debits to your credit card will appear as 'Gary Collis and Associates' on your statement.

Please forward this form together with registration to:

Resilience at Work Conference C/– Gary Collis and Associates PO Box 756 North Adelaide SA 5006

Fax: 08 8352 6162

Email: gcollis_assoc@bigpond.com



Terms and Conditions

General Terms and Conditions Liability/Insurance

In the event of Resilience at Work, the Organising Committee and Gary Collis and Associates (GCA) cannot accept responsibility for any financial or other losses incurred by the delegates. Nor can Resilience at Work, the Organising Committee or GCA take responsibility for injury or damage to persons or property occurring during the Conference. All insurance including medical cover and for expenses incurred in the event of the cancellation of the Conference is the individual delegate's responsibility. The policy should include loss of fees/deposits through cancellation of your participation in the Conference, or through the cancellation for the Conference itself, loss of airfares for any reason, medical expenses, loss or damage to personal property, additional expenses and repatriation should travel arrangements have to be altered. The Conference Secretariat will take no responsibility for any participant failing to insure.

Cancellation Policy

Registration cancellations must be sent in writing, either mailed, faxed or emailed, to Gary Collis and Associates. Registration cancellations received up to 30 days prior to the Conference will receive a full refund, less a \$110.00 handling fee. Registration cancellations received less than 30 days and up to seven days prior to the Conference will receive a 50% refund. No refunds will be given for registration cancellations received within seven days of the Conference; however a substitute delegate may be nominated.

Privacy Policy

Gary Coillis and Associates complies with all legislation which is designed to protect the rights of the individual to privacy of their information, including the Privacy Act 1988 (Cth). Information collected with respect to your registration for participation in this Conference will only be used for the purposes of planning, conduct of the event or communication regarding future events. These details may be made available to parties directly related to the Conference including but not limited to Gary Collis and Associates, venues, accommodation and travel providers (for the purposes of room/travel bookings and Conference options), key sponsors (subject to strict conditions) and other related parties as deemed necessary. It is also usual practice to produce a 'Delegate List' of attendees at the Conference and to include the individual's details in such a list. By completing this registration form, you acknowledge that the details supplied by you may be used for the above purposes. It is your responsibility to ensure that all information provided to Gary Collis and Associates is accurate and kept up to date. To access or update your information, please email the Gary Collis and Associates on: **gcollis_assoc@bigpond.com**

Filming and Photography

Delegates attending the Resilience at Work Conference are advised that Gary Collis and Associates will be recording audio visual material at the conference for promotional purposes only.

